

SALT LAKE CITY TRACK CLUB PRESENTS
38th Annual 30K Winter Running Series 2016
5K (1/30/16) 10K (2/13/16) 15K (2/27/16)



Check-in and post-race refreshments will be in the Saltair Pavilion
 (16 miles west of Salt Lake City on I-80, exit 104)
 Check-in: 9:00 a.m. – 9:45 a.m. Start of race: 10:00 a.m.

30K Series Registration Form

Go to www.slctrackclub.org to download additional forms or register online at www.itsyourrace.com

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

eMail: _____

Telephone: _____ - _____ - _____ Birth Date (mm/dd/yyyy): ____/____/____

Age on Race Day: ____ Male: Female: Shirt Size: S M L XL XXL

Check if applicable Clydesdale / Athena Division (Male 200+ lbs., or Female 140+ lbs)

Check if applicable early 9 am start for 15K (may not be eligible for awards, finish time expected to be over 2 hours)

PRICING FOR SLCTC MEMBERS

My club membership is current

My membership application and payment are attached

Pre-registration by 12/31/15 (includes shirt) \$30

Pre-registration by 1/27/16 (includes shirt) \$40

Day of race registration (shirt included while supplies last,
 sizes not guaranteed) \$45

PRICING FOR NON - CLUB MEMBERS

Pre-registration by 12/31/15 (includes shirt) \$40

Pre-registration by 1/27/16 (includes shirt) \$55

Day of race registration (shirt included while supplies last,
 sizes not guaranteed) \$65

For pre-registration, payment by cash or check only,
 Cash, checks or credit cards are accepted on day of race.

*Price includes entry in all 3 races and one long sleeve technical shirt while supplies last (guaranteed if pre-registered).
 Strollers are welcome (please start toward back of pack). Sorry, no dogs allowed on course.*

Send check to Salt Lake City Track Club, P.O. Box 520586, Salt Lake City, UT 84106

AWARDS

1st through 3rd Overall Open and Masters M & F; 1st through 3rd M & F each age group; 1st Overall M & F Clydesdale
 Age Groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+
Finishers Medals to all who complete all three Winter Running Series event races



WAIVER

In consideration of acceptance of this entry, for myself, my heirs, executors, administrators, and assigns, I waive any and all rights and claims for damages I may have against the sponsors, coordinating groups and individuals associated with these races, Salt Lake City, Salt Lake County, their representatives, successors, and assigns, and will hold them harmless from any and all injuries suffered in connection with said event. Also, none of the above are responsible for the loss of personal items, nor any other form of aggravation, in connection with said event. I have been advised that I must be in good health to participate in these races. I acknowledge that this event can include winter conditions, including snow, ice, and rain. I give permission for the free use of my name and picture in broadcast, telecast or printed media accounts of the Series in filling out this form. I acknowledge by my signature below, that I have read and fully understood my own liability and do accept restrictions contained herein.

SIGNATURE _____ Guardian Signature (if under 18) _____

----- FOR OFFICE USE -----

\$ _____ Received By _____ Date _____ Cash _____ Check _____ BIB NO. _____